Intermountain Health

St. Mary's Regional Hospital

Community Benefit Annual Report



As part of our commitment to the Western Slope and Colorado, St. Mary's Regional Hospital works to improve the health of the communities we serve, especially the poor and vulnerable. The Sisters of Charity of Leavenworth founded the hospital in 1896 and developed innovative ways to provide healthcare in their communities. Through a comprehensive assessment of community needs and strong local collaborations, we strive to continue that work today.

Improving Health through Nutritious Food

St. Mary's Regional Hospital's most recent Community Health Needs Assessment (CHNA) identified economic stability as a significant health need, which impacts access to essentials like food, medications, and housing. In response, the hospital developed an Implementation Strategy that guides collaborations and contributions, including support for Food for Health, a program using food as medicine to manage chronic disease.

The Food Bank of the Rockies developed Food for Health to provide nutritious food that supports people managing chronic disease, especially those facing food insecurity. The program provides medically tailored groceries, fresh produce, and practical nutrition education designed to help participants make choices that improve health outcomes. Later, participants transition to a monthly produce prescription that provides greater independence and choice.

One individual left the hospital with a warning that uncontrolled blood pressure could lead to readmission. He returned home to a nearly empty refrigerator and faced a choice between new prescriptions and groceries. Food for Health provided crucial support.

After enrolling in Food for Health, he was able to build meals around lower-sodium foods and fresh produce. He stopped skipping meals, and his blood pressure began to decline. The produce prescription helped him maintain healthier choices and supported a recovery he could sustain at home.



2025-2027 Community Health's Significant Health Needs

Every three years St. Mary's Regional Hospital works with public health stakeholders, community members, and other healthcare providers to understand and assess the most important local health needs.

Based on the most recent assessment, the hospital identified the following significant health needs that are the focus of the Implementation Strategy and community benefit programs:

- **Improve Behavioral Health**
- **Achieve Greater Economic Stability**
- **Increase Access to Care**
- **Improve Child and Family Well-Being**

What is Community Benefit?

Community Benefit is integral to the mission of Catholic and other not-for-profit hospitals. It is an extension of our 'historic mission to the communities' especially the vulnerable and disenfranchised. The Internal Revenue Service (IRS) has federal requirements for not-for-profit hospitals to report their investments in Community Benefit activities, which are programs or activities that provide treatment and/or promote health and healing as a response to community needs:

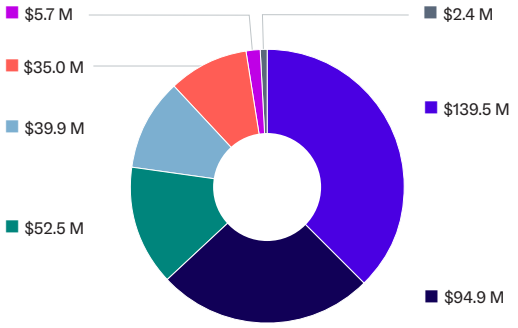
- Improve access to care
- Enhance the health of a community
- Advance medical or health knowledge
- Reduce the burden of health care on local, state, federal government, or other community efforts

When reporting to the IRS, Community Benefit investments are organized into the following general categories:

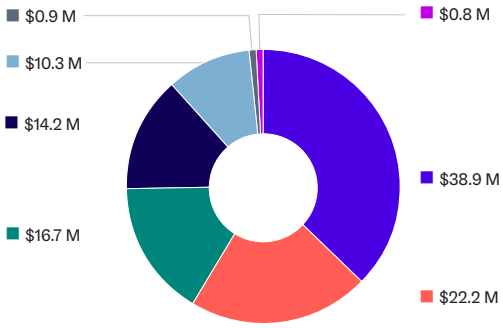
- Unreimbursed costs for care provided to Medicaid beneficiaries
- Charity care and financial assistance for patients who are unable to pay for care
- Cash and in-kind contributions to support identified community health needs
- Health professions education, including clinical training for nursing, pharmacy, and other health professions
- Subsidized health services, which are services provided at a loss but without which the community's access to care would suffer
- Means-tested government programs, which include unreimbursed care under means-tested programs like the Child Health Plan Plus (CHP+)
- Community building activities, including participating in community coalitions to advance health and physician recruitment to maintain health care access.
- Research, including studies or investigations that increase knowledge made available to the public. (Note: No research investments were reported in 2025.)

2025 Community Benefit Investments

Intermountain Health Colorado: $369.9 Million



St. Mary's Regional Hospital: $104.0 Million



- Unreimbursed Medicaid
- Subsidized Health Services
- Health Professions Education
- Financial Assistance at Cost
- Cash and In-Kind Contributions
- Community Health Improvement Services and Community Benefit Operations
- Cost of Other Means-Tested Government Programs
- Community Building Activities

Statewide totals include clinic contributions not reported on hospital Form 990 Schedule H.

Significant Health Needs - 2025 by the Numbers

3,400
gunlocks were distributed to community members across the Front Range and Western Slope to prevent suicide and injury.

3,487
mental health resources were provided to 611 individuals through the Counseling and Education Center to improve behavioral health.

4,136
food boxes were delivered to 550 community members in collaboration with Food Bank of the Rockies to support nutrition security and economic stability.

275
new parent and early childhood resources were provided to 69 families in collaboration with Hilltop's B4Babies program to improve family and children's well-being.