

Utah Valley Family Medicine Residency Program



Rob Mehl, DO, Program Director

Dr. Mehl was born and raised in Saugus, California. He went to Brigham Young University for his undergraduate degree and graduated with a bachelor's in neuroscience. He completed family medicine residency at Utah Valley and then worked in a rural clinic in Pittsfield, Illinois, for four and a half years before returning to the residency to be faculty. In 2016 he was named the residency program director. His clinical interests include obstetrics, pediatrics and global health. Dr. Mehl and his wife Becky have five children. He enjoys running, basketball, football, and any activity that involves water. He is fluent in Portuguese and Spanish.



Sarah Daly, DO, Assistant Director

Dr. Daly is originally from Canton, Ohio. She graduated from Slippery Rock University of Pennsylvania in 2001 with a bachelor's in biology. In 2006, she graduated from Ohio University College of Osteopathic Medicine. She is a 2009 graduate of the Utah Valley Family Medicine Residency and a former chief resident. Her professional interests include women's health, behavioral medicine, evidence-based medicine, and LGBTQ+ care. In her spare time, she enjoys mountain biking, reading, and spending time with her family.



Scott Black, MD

Dr. Black grew up in Pleasant Grove, Utah. He graduated with a bachelor's degree in history from Utah Valley University. He then graduated from Virginia Commonwealth University School of Medicine in Richmond, Virginia. He completed his residency training at the Utah Valley Family Medicine Residency and then worked for three years in a rural health clinic in La Pine, OR before returning to the residency as a faculty member. He enjoys snow skiing, mountain biking, and hanging out with his amazing wife and four awesome kids.



Rob Christensen, MD

Dr. Christensen practices full-spectrum family medicine including obstetrics. He enjoys running, fly fishing and watching his kids play sports.



Marlin Christianson, MD

Dr. Marlin Christianson, MD was born in Gainesville, Florida. He graduated from Brigham Young University in 1990 with a bachelor's degree in microbiology. He graduated from the University of Utah School of Medicine in 1994. Dr. Christianson completed a family practice internship and residency at Naval Hospital Camp Pendleton, California, in 1997, and a fellowship in complicated pregnancy from 1999-2000, at Florida Hospital in Orlando. He spent 11 years as a physician with the Navy, stationed in Guam, San Diego, and Naples, Italy. Dr. Christianson and his wife have five children. He enjoys hiking, fishing, sports, and reading. Medical School - University of Utah School of Medicine. Residency - Family Practice Residency at Naval Hospital Camp in Pendleton, CA. Fellowship - Complicated Pregnancy at Florida Hospital, Orlando, Florida



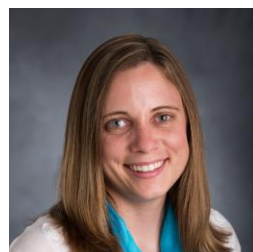
Nikki Clark, MD

Dr Clark is a 2002 graduate of UVFMR and former chief resident. She has completed a Geriatric Fellowship and is a board-certified geriatrician. Dr Clark has been at the Merrill Gappmayer Clinic for over 20 years. Her professional interests include geriatrics, women's health, chronic disease management and helping patients achieve their best health possible. In her free time she enjoys her 3 Australian Shepherds dogs.



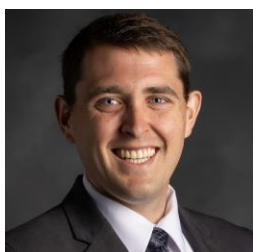
Matt Eastman, DO

Dr. Matt Eastman is a Utah native. He graduated from Brigham Young University in 1994 with a degree in physical education, with a sports medicine emphasis. He attended medical school at Kirksville College of Osteopathic Medicine, graduating in 1999. He completed a family medicine residency training at Naval Hospital Camp Pendleton. He served as a US Navy physician in Guam and North Carolina. Since completing his service in the Navy in 2005, Dr. Eastman has worked as a family physician in several capacities, most recently in Intermountain's InstaCare network. Dr. Eastman is interested in all aspects of primary care medicine and is excited to return to full scope family medicine and take on a teaching role. He and his wife, Kim, have three children and one beautiful granddaughter. He enjoys watching Major League Baseball and playing golf.



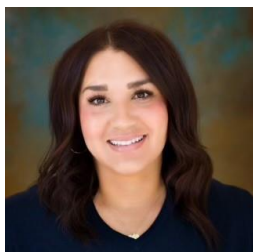
Cami King, MD, MBA

Cami is originally from Colorado. She is interested in all aspects of medicine but has a special interest in Rural and Women's Health. In her free time she loves hiking, fishing, being outdoors and spending time with her husband. Pregnancy at Florida Hospital, Orlando, Florida



Adam Johnson, PhD

Adam grew up nearby in Heber City, Utah. He went to Brigham Young University for his undergraduate degree, Utah State University for his master's degree, and East Carolina for his PhD in Medical Family Therapy. He joined the residency in 2021 and helps the residents and their families maintain their wellbeing during residency, while also collaborating our integrated care effort and teaching the behavioral science curriculum. Adam and his wife and kids try and make the most of the Utah mountains and red rock desert, and spend as much of their time as possible biking, skiing, and hiking.



Brittney Robles, GME Program Manager

Brittney Robles is the Program Manager at Utah Valley Family Medicine Residency. Brittney has worked in healthcare for over 20 years, holding various leadership roles at both Banner and Abrazo Healthcare in Phoenix, Arizona, before discovering her passion for Graduate Medical Education at Intermountain Healthcare.

Brittney is currently pursuing a degree in Healthcare Administration; Brittney also serves on the board of directors for the Association of Family Medicine Administration. Free time is a rarity for Brittney and her husband with their seven children. When she does manage to find a moment, she loves camping, being at the lake, or watching a good baseball game. Above all, she finds joy in watching her kids play the sports they love.