

REFERRAL RESOURCE GUIDE

Weber/Morgan Counties



IN AN EMERGENCY OR CRISIS

For assistance in an emergency situation

Dial 911

National Suicide Prevention Lifeline

Call or text 988

Veteran's Crisis Line

Dial 988 Press 1, Text 838255

Poison Control

1-800-222-1222

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

Prevent Child Abuse Utah

1-801-393-3366

RAINN-National Sexual Assault Hotline

1-800-656-HOPE (4673)

Utah Coalition Against Sexual Assault

1-801-736-4356 Crisis Line

Your Community Connection (YCC)

Shelter: 1-801-394-9456, Crisis: 1-801-392-7273

Utah Domestic Violence Link Line

1-800-897-LINK (5465)

Division of Child and Family Services (DCFS)...1-801-629-5800

Child Protective Services (CPS) (Reporting)...1-855-323-3237

Family Support Center of Ogden Crisis Nursery...1-855-393-3113

Utah Rape/Sexual Assault Crisis Line...1-888-421-1100

Weber/Morgan County Children's Justice Center...1-801-778-6261

Victim Assistance Program, Weber County Attorney's Office...1-801-399-8377

Victim Information & Notification Everyday (VINE)...1-877-884-8463

TREATMENT RESOURCES

Substance Use Treatment

Weber Human Services...1-801-625-3700

Action Recovery Group-Drug and Alcohol Treatment...801-475-HOPE (4673)

BAART Programs...801-622-5272

Clinical Consultants...801-621-8670

Ogden Regional Medical Center Alcohol and Chemical Treatment Center...801-479-2250

GMS Counseling LLC Ogden...801-621-2250

Latino Behavioral Health Services...385-303-9773

Infinite Arches...801-928-7770

Ogden Rescue Mission: New Life Program...801-621-4360

Women's Retreat House...801-791-9084

Utah Tobacco Quit Line...1-888-567-TRUTH (8788) or 1-800-QUIT-NOW

Veterans Community Based Outpatient Clinic...1-801-479-4105

Utah Support Advocates for Recovery Awareness (USARA)...385-263-1600

Substance Abuse and Mental Health Services (SAMHSA) National Helpline ...1-800-662-HELP (4357)

Mental Health Treatment and Support

Weber Human Services...1-801-625-3700

Family Counseling Services of Northern Utah...1-801-399-1600

Your Community Connection of Ogden (YCC)...1-801-394-9456

GMS Counseling LLC...801-621-1901

National Alliance on Mental Illness (NAMI) Utah...<https://namiut.org/>

Substance Abuse and Mental Health Services (SAMHSA)-1-800-662-HELP (4357)

Live On...liveonutah.org

Behavioral Health Access Centers McKay Dee Hospital...801-387-5543

Latino Behavioral Health Services...385-303-9773

GRIEF SUPPORT

Legacy Suicide Survivors Support Group...<https://legacysuicidesurvivors.org/>

A Center for Grieving Children...801-476-1127

U of U Caring Connections...801-585-9522

Lindquist Grief Support Groups...801-726-4219

Intermountain Homecare, Hospice Services of Ogden...801-399-1400

Compassionate Friends...801-390-6262

Leavitt's Chapel of Flowers Mortuary Grief Support Group...1-801-450-3251

CHILDREN AND YOUTH SERVICES

Youth Futures

1-801-528-1214

National Runaway Safeline

1-800-RUNAWAY (786-2929)

Children and Youth Mental Health Services

Weber Human Services...801-625-3700

Family Counseling Service of Northern Utah...801-399-1600

Your Community Connection of Ogden (YCC)...801-394-9456

GMS Counseling, LLC Ogden...801-621-1901

Center for Grieving Children...801-476-1127

Family Mental Health Services

Weber Human Services...801-625-3700

Family Counseling Service of Northern Utah...801-399-1600

Your Community Connection of Ogden (YCC)...801-394-9456

Children and Youth Substance Use Services

Weber Human Services...801-625-3700

GMS Counseling, LLC Ogden...801-621-1901

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

LGBT National Help Center and Talkline

1-888-843-4564

Trevor Project Crisis Line

1-866--4-U-Trevor (488-7386)

LGBT National Youth Talkline

1-800-246-PRIDE (7743)

WSU LGBTQIA+ Support Group...801-626-7271

Ogden Pride...801-917-4588

Equality Utah...801-355-3479

Military/Veteran Support Resources

Veterans Crisis Line

Dial 988 Press 1, Text 838255

Utah VA Main Line

1-800-613-4012

Veterans Community Based Outpatient Clinic...801-479-4105

Utah Department of Veteran and Military Affairs...801-326-2372

SELF-HELP RESOURCES AND GROUPS

Utah Support Advocates for Recovery Awareness

385-263-1600

Alcoholics Anonymous

www.aa.org/find-aa

Al-Anon Family Groups

al-anon.org/al-anon-meetings/find-an-al-anon-meeting/

Narcotics Anonymous

1-888-GET-HOPE (438-4673)

Dual Recovery Anonymous

www.draonline.org

Nar-Anon Family Groups

www.nar-anon.org/find-a-group

COMMUNITY EDUCATION

- Weber Morgan Health Department...<https://www.webermorganhealth.gov/>
 - NUHOPE...<https://nuhopeutah.org/>
 - Weber Human Services Parenting Enrichment Courses - Strengthening Families, Prime for Life, Guiding Good Choices...<https://www.weberhs.net/prevention-workshops>
 - Weber Human Services Youth Mental Health Enrichment Courses - BLUES program, the Body Project...<https://www.weberhs.net/prevention-workshops>
 - USU Extension - <https://extension.usu.edu/hru/courses/>
 - Utah Women and Newborns Quality Collaborative (UWNQC)...<https://mihp.utah.gov/uwnqc>
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OTHER RESOURCES

- Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling, and more...Dial 211, https://211utah.findhelp.com/search_results/84414?widget=identifier&ref=https://utah211.org/
 - Homeowner's HOPE Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7...1-888-995-HOPE (4673)
 - Find Law provides free legal information, lawyer profiles, and a community to help individuals make legal decisions...www.findlaw.com
 - Weber Fridge Community Fridge and Pantry...[linktr.eeWeberFridge](https://www.instagram.com/WeberFridge) on Instagram
 - Tri City Exchange...<https://www.facebook.com/tricityexchangeut>
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FIND THERAPISTS AND PSYCHOLOGISTS IN YOUR AREA

- Better Help is providing professional, affordable, and personalized therapy in a convenient online format. It is committed to expanding access to therapy globally...[Betterhelp.com](https://www.betterhelp.com)
 - Find a therapist in your area...[PsychologyToday.com](https://www.psychologytoday.com)
 - Find Treatment is the confidential and anonymous resource for persons seeking treatment for mental and substance use disorders in the United States and its territories...[FindTreatment.gov](https://www.findtreatment.gov)
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All resources that are underlined have a hyperlink.

Most resources are no cost, low cost, or based on a sliding income scale.